

Quarterly Live Firearms Training

Handgun Marksmanship Drills

- **Warm-up (Bullseye Target @ 3 yards) 36 rounds**
 - Load 3 magazines with 6 rounds each
 - 3-yard line, from holster, 1 round per command (18 rounds)
 - Load 3 magazines with 6 rounds each
 - 3-yard line, from holster, 2 rounds per command (18 rounds)
- **Warm-up (Bullseye Target @ 5, 7 and 15 yards) 60 rounds**
 - Load 3 magazines with 10 rounds each
 - 5-yard line, from holster, 1 round per command (10 rounds)
 - 7-yard line, from holster, 1 round per command (10 rounds)
 - 15-yard line, from holster, 1 round per command (10 rounds)
 - Load 3 magazines with 10 rounds each
 - 5-yard line, from holster, 2 rounds per command (10 rounds)
 - 7-yard line, from holster, 2 rounds per command (10 rounds)
 - 15-yard line, from holster 2 rounds per command (10 rounds)
- **Reload Drill (Q Target @ 7 yards) 18 rounds**
 - Load 3 magazines with 1 round each
 - On command, fire all rounds, reloading when required (3 rounds)
 - Load 3 magazines with 2 rounds each
 - On command, fire all rounds, reloading when required (6 rounds)
 - Load 3 magazines with 3 rounds each
 - On command, fire all rounds, reloading when required (9 rounds)
- **Support Hand Shooting (Q Target @ 5 yards) 15 rounds**
 - Load 3 magazines with 5 rounds each
 - First magazine, one round per command, support hand supported by strong hand (5 rounds)
 - Second magazine, one round per command, support hand only (5 rounds)
 - Third magazine, one round per command, strong hand only to the head box (5 rounds)
- **Qualification Practice: Stage IV (Q Target @ 5 yards) 40 rounds**
 - Dry run multiple times
 - Load 2 magazines with 5 rounds each
 - Run Stage IV, allowing 20 seconds (10 rounds)
 - Load 2 magazines with 5 rounds each
 - Run Stage IV, mandated 15 seconds (10 rounds)
 - Repeat twice (20 rounds)
- **Qualification Practice: Stage II (Q Target @ 15 yards) 40 rounds**

- Load 2 magazines with 10 rounds each
 - Fire 2 rounds standing, 3 rounds kneeling, 8 seconds (5 rounds)
 - Repeat 3x (15 rounds)
- Load 2 magazines with 10 rounds each
 - Move from 25-yard line to 15-yard line, draw and fire 2 rounds standing, 3 rounds kneeling, 15 seconds (5 rounds)
 - Repeat twice (15 rounds)
- **Qualification Practice: Stage III (Q Target @ 7 yards) 48 rounds**
 - Load 2 magazines with 6 rounds each
 - Fire 6 rounds, reload, fire 6 rounds, no time limit (12 rounds)
 - Load 2 magazines with 6 rounds each
 - Fire 6 rounds, reload, fire 6 rounds, 20 seconds (12 rounds)
 - Load 2 magazines with 6 rounds each
 - Fire 6 rounds, reload, fire 6 rounds, 15 seconds (12 rounds)
 - Load 2 magazines with 6 rounds each
 - Move from 15-yard line to 7-yard line, draw and fire 6 rounds, reload, fire 6 rounds, 15 seconds (12 rounds)
- **Qualification Practice: Stage I (Q Target @ 25 yards) 63 rounds**
 - Practice positions dry
 - Load 3 magazines with 12 rounds each
 - Fire 6 rounds prone, no time limit (6 rounds)
 - Repeat (6 rounds)
 - Fire 6 rounds kneeling, no time limit (6 rounds)
 - Repeat (6 rounds)
 - Fire 6 rounds standing (6 rounds)
 - Repeat (6 rounds)
 - Load 3 magazines of 9
 - Fire 3 rounds prone, 3 rounds kneeling, 3 rounds standing, no time limit (9 rounds)
 - Repeat twice with 45-second time limit (18 rounds)
- **Qualification Practice: Stage V (Q Target @ Arm's Length) 18 rounds**
 - Practice steps **DRY** several times
 - Load 2 magazines of 9
 - Run Stage V (9 rounds)
 - Repeat (9 rounds)
- **ILEA Qualification 25 rounds**
 - Repeat if necessary

Total rounds: 388